




February 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		1 Homemade Mozzarella Sticks Served with Marinara Sauce Pasta Salad Potato Wedges Fresh Fruit	2 Nacho Platter Meat & cheese Served with Celery & Carrot Sticks Fresh Fruit	3 Pork Fried Rice Brown Rice Tossed with Pork & Mixed Vegetables Fresh Fruit	Lunch \$3.00 Adult \$4.00 Milk, Fresh Fruit, 100% Juice, & Whole Wheat Breads are included with lunch daily Daily Alternate Entrees: Hamburgers Chicken Wraps Whole Wheat Pizza Whole Wheat Grilled Cheese Whole Grain Pasta Salad Bar & Boar's Head Deli bar Real Fruit Smoothie \$3.75 Fresh Fruit Salad \$3.00 Yogurt Parfait 3.75 Izzie \$1.75 100% Fruit Snapple \$1.50 Water \$1.25 Homemade Soup, pre-made salads & wraps available daily Fran Cortina Food Service Director 914-763-7308	
6 Chicken & Broccoli Pasta Chicken, Broccoli, Garlic and Olive Oil served with Whole Grain Pasta Garlic Bread Fresh Fruit	7 Taco Salad Meat, Cheese, Lettuce & Tomatoes Served over Corn Tortilla Chips Fresh Fruit	8 Homemade Pulled Pork Sandwich BBQ Pulled Pork served on Whole Wheat Roll Cole Slaw Fresh Fruit	9 Baked Chicken Bites Homemade Chicken Served with Pasta Salad Tossed Salad Fresh Fruit	10 Brunch for Lunch French toast Scrambled Eggs Homemade Home Fries Fresh Fruit		
13 Nacho Platter Meat & cheese Served with Sweet Corn Fresh Fruit	14 Chicken Parm Wedge Homemade Chicken Cutlet in Marinara Sauce on a Whole Wheat Roll Cucumber Salad Fresh Fruit	15 Mac n' Cheese Homemade with Whole Grain Pasta Tossed Salad Fresh Fruit	16 Homemade Soup Served with a Grilled Cheese Sandwich Tossed Salad Fresh Fruit	17 Chicken Lomein Lomein Noodles With Chicken And Mixed Vegetables Fresh Fruit		
20	21	22	23	24		
President's Day Winter Recess						
27 Ravioli Parmesan Tossed in Homemade Tomato Sauce Garlic Bread Green Beans Fresh Fruit	28 Tacos Meat, Cheese, Lettuce, and Tomatoes Sweet Corn Fresh Fruit	29 Turkey Chili Homemade Chili Served with Corn Bread Tossed Salad Fresh Fruit	ALL MILK IS HORMONE-FREE AND ANTIBIOTIC FREE			Food Allergies? If you have a food allergy, please speak to the manager, chef, or your server.

John Jay High School & Middle School



This month- try new menu items!
Mozzarella Sticks, Chicken Bites,
& Pulled Pork Sandwich- All
made from scratch!!

Menus are subject to change without notice.

