



[Healthy Snacks = Healthy Energy!]

A Treat Yourself Right® Program

John Jay High School Afternoon Gourmet Sandwich Menu

Golden Classic Chicken Sandwich

Golden Classic Chicken with Cheddar Cheese, Honey Mustard, and Sliced Granny Smith Apples

Ham & Swiss Cheese Sandwich

Deluxe Ham, Swiss Cheese, Honey Mustard, Thinly Sliced Cucumber, and Romaine Lettuce

Deluxe Roast Beef Sandwich

Roast Beef, Cheddar Cheese, Mayonaise, Red Onions, Romaine Lettuce

Ovengold Turkey Sandwich

Ovengold Turkey, Provolone Cheese, Honey Mustard, Baby Spinach

Vegetarian Sandwich

Fresh Grilled Veggies, including Zucchini, Peppers, Red Onions, Mushrooms with Romaine Lettuce & Tomato

Choice of Whole Wheat Bread

Whole Wheat Kaiser Roll

Or Wrap

\$6.00

Order and prepay by 9:00AM and pick up between dismissal and 2:30PM
All meals include fresh whole fruit and a bottle of water



Maximize your learning potential

