

# JOHN JAY HIGH SCHOOL NEWS

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### Special points of interest:

- Student of the Quarter
- Spring Sports
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# SCIENCE SYMPOSIUM

John Jay High School students hosted and competed in the Westchester-Rockland Junior Science and Humanities Symposium on Saturday February 4th. WR-JSHS is divided into a speaker competition and a poster competition. The speaker competition is for the top students in Westchester and Rockland--only about half of the applicants are even selected to be speaker. At WR-JSHS we had 13 speaker rooms--each with 10 or 11 speakers. In each room, the top two speakers go on to compete in Albany at the Upstate NY JSHS competition, and the 3rd and 4th place winners go on to be poster presenters at the Upstate NY JSHS. We had 4 seniors competing as speaker. **Stephanie Riocci** placed second in Medicine and Health I, and will continue to Albany as a speaker. **Mina Shah** placed third in Medicine and Health IV, **Logan Carbaugh** placed third in Medicine and Health II and **Michael Yablon** placed 4th in Genetics. **Mina, Logan and Mike** will go on to present posters in Albany.

In the poster competition, **Eli Lee**, a junior won third place in the Biology poster category. (poster presenters from WR-JSHS do not move on).

**Stephanie's** project is entitled "The Optimization of a Reverse Transfection Protocol, and Subsequent Development of a Novel Response Element Reporter Array." Her work involved building a tool that can be used to screen for proteins involved in angiogenesis that could be targets for anti-cancer drugs and her reporter array is currently being used in the lab where she worked.

**Mina's** project "Assessing the Effects of Mesenchymal Stem Cells on Endothelial Retraction via Paracrine and Cell-Cell Interactions," examined the way the stem cells can move through tissues to the site of injury for repairing the damaged tissues. It is an important step in regenerative tissue therapy involving adult stem cells.

**Logan Carbaugh's** project "The Effects of DSCR1 in Suppressing Angiogenesis in Pancreatic Cancer" was sparked by learning that individuals with Down Syndrome rarely get solid tumor cancer. He studied the gene region DSCR1 and the **proteins** produced by that region to show that they do decrease the growth of tumors.

**Michael Yablon's** paper "The Effect of DNA Methylation on DNA Damage and Mutagenesis from DNA-Acrolein Adducts" showed a possible explanation for the differences in people's susceptibility to lung cancer.

**Eli Lee** is studying Hydra. " HYP63: finding p53-family Homologs in Hydra Polyps" examines the lack of cancer in the hydra by looking for a tumor suppressor gene related to the p53 gene in humans.

Event organized by **AnnMarie Lipinsky**, along with a committee of teachers from around Westchester. Judges come from the universities and industries in our area. Over 400 students participated.

By AnnMarie Lipinsky

## FROM THE LIBRARY

For a variety of reasons, the situation depicted in the cartoon below is a common occurrence in school libraries. The responsibility for returning library materials should fall to the students, but sometimes they forget. Please remind them to check their rooms (under the bed), in their cars (under the seats) and any other place a book could land. We are happy to have materials returned at any time...there are never overdue fines or fees!  
Thanks – Lauren Carrigan, Librarian



## ART HAPPENINGS

Several John Jay High School students were recognized in the Scholastic Art and Writing Awards. Students received Honorable Mentions for their artwork and writing (**Elizabeth Brady, Hannah Corrie, Janice Choi, and Ellie Martino**). Three Silver Keys were awarded to Janice Choi for her artwork. Work awarded with a Gold Key designation is entered into the national competition- **Janice Choi** received 3 Gold Keys and **Jessica Stewart and Jonathan Tang** all received one. Congratulations to our young artists and writers!

Three John Jay High School artists were chosen to exhibit their drawings at Concordia College Regional High Schools Exhibition at Osilas Gallery. These students are **Elise Cole, Laura Zuk and Ellie Martino**.

Wednesday, February 8th is the opening reception for the Pace University Small Works Exhibit which runs from February 3rd to March 22nd at the Choate House Gallery. This exhibit showcases artwork from high schools all over Westchester County. **Hannah Casill, Samara Petigrow, Kelsey Nusbaum, Joe Meltz, Julia Zuckerberg, Jenna Beobide and Julia Dingee** are the artists who were selected for this year's exhibit.

The following students will be participating in the Lewisboro Land Trust Photography Show "There's No Place Like Home" at the Katonah Village Library. The opening reception is on Feb. 11 from 4-8 pm. Exhibition/sale hours are from Feb 13-25. The judge is Neil Watson, Executive Director of the Katonah Museum of Art.

**Christoph Sawyer**  
**Anita Celaj**  
**Lauren Miro**  
**Mackenzie Jones**  
**Meredith Salton**  
**Stephanie Cajigas**  
**Chris Beckett**  
**Jessica Stewart**



## SCIENCE OLYMPIAD by Dr. Linda Burke

John Jay High School's Science Olympiad team placed 4<sup>th</sup> in the Lower Hudson Valley Regional competition held at Byram Hills High School on Saturday, February 11, 2012. John Jay has qualified for the New York State competition for the 27<sup>th</sup> time in the 28 year history of the event. Medals were earned in 11 of the 18 team scored events, in first to sixth places, as follows:

### Seniors:

**Matthew Kaufman**, 4<sup>th</sup> place in Chemistry Lab  
and in Water Quality

**Stephanie Riocci**, 4<sup>th</sup> place in Optics

**Irina Silver-Frankel**, 6<sup>th</sup> place in Tower

**Brennan Spellacy**, 4<sup>th</sup> place in Chemistry Lab  
and in Water Quality

**Matt and Brennan** also came in 7<sup>th</sup> in Thermo  
dynamics

### Juniors:

**Matthew Herman**, 4<sup>th</sup> place in Write It Do It

**Alexander Lee**, 3<sup>rd</sup> place in Forensics

**Elijah Lee**, 2<sup>nd</sup> place in Geological Mapping,  
4<sup>th</sup> place in Write It Do It

**Jackson Ruzzo**, 4<sup>th</sup> place in Optics, 6<sup>th</sup> place in  
Protein Modeling

**Timothy Song**, 6<sup>th</sup> place in Protein Modeling

**Matt and Alex** also came in 7<sup>th</sup> in Robot Arm

### Sophomores:

**Defne Arslan**, 1<sup>st</sup> place in Helicopter, 6<sup>th</sup> place in Mag-  
netic Levitation, 5<sup>th</sup> place in Remote Sensing

**Karen Giraldo**, 3<sup>rd</sup> place in Forensics, 6<sup>th</sup> place in  
Tower

**Isaac Silver-Frankel**, 2<sup>nd</sup> place in Geological Mapping,  
6<sup>th</sup> place in Magnetic Levitation, 5<sup>th</sup> place in Re-  
mote Sensing

**Sebastian Singh**, 1<sup>st</sup> place in Helicopter

### Freshmen:

**William Greene and Jacqueline Ricca** came in 7<sup>th</sup> in  
Rocks and Minerals

Team Co-advisors: **Dr. Linda Rachele Burke, Mrs. Amy  
Shimberg**

Building Event Coaches: **Mr. Matthew Funnel,  
Ms. Jennifer McLean**

Academic Event Coaches: **Dr. Burke, Mrs. Shimberg, Ms.  
Emilia Camporese, Mrs. Michela Gilarde-Green, Mrs.  
Ann Marie Lipinsky, Mrs. Anna Stathis, Mrs. Caroline**



### Photo:

Holding trophy: **Timothy Song and Alexander Lee**—co-captains

Behind trophy: **Jonathan Reich**

Standing front: **Madeline Stromeyer, Stephanie Cajigas, Katherine  
Clyde, William Greene, Cal Ritterhoff, Irina Silver-Frankel, Jac-  
queline Ricca, Jackson Ruzzo, Judith Figueroa, Victoria  
Giordano, Isaac Silver-Frankel, Stephanie Riocci, Defne Arslan,  
Elijah Lee, Sebastian Singh, Karen Giraldo**

Standing rear: **Matt Herman, Brennan Spellacy, Matt Kaufman**

### A team:

Seniors: **Mathew Kaufman, Stephanie Riocci, Irina Silver-  
Frankel, Brennan Spellacy**

Juniors: **Matthew Herman, Alexander Lee, Elijah Lee,  
Jackson Russo, Timothy Song**

Sophomores: **Defne Arslan, Karen Giraldo, Isaac Silver-  
Frankel, Sebastian Singh**

### B team:

Sophomores: **Stephanie Cajigas, Judith Figueroa, Victoria  
Giordano, Madeline Stromeyer**

Freshmen: **Katherine Clyde, William Greene, Jonathan Reich,  
Jacqueline Ricca, Cal Ritterhoff**

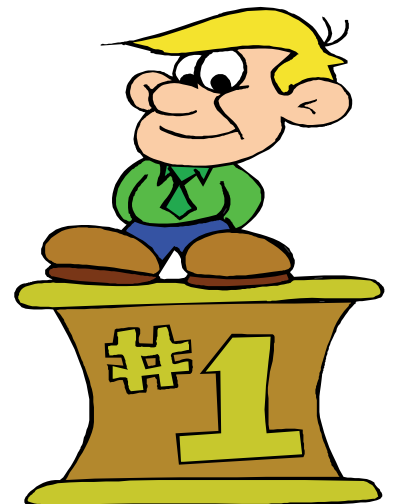
## STUDENT OF THE QUARTER



Pictured: **Peter Christensen, Hannah Rosen, Alexandra Erlich, Alexis Monroy, Ms. Doherty, Kelsey Sklar, Christian Davey, Jimmy Mihaley, David Miller**  
Front row: **Alison Sokolow**

Our second *Students of the Quarter* breakfast took place on Friday, February 10th. Nine John Jay students were honored for their contribution to the school community through leadership, dependability, cooperation, positive attitude, initiative, and service to both the school and the community as a whole. After a warm welcome and congratulations from **Ms. Doherty** and **Ms. Kor**, the students were then honored with wonderful speeches about their accomplishments by the faculty members who nominated them. A special thanks was given to our P.T.O. who sponsors this event at the high school.

The honorees were:  
**Peter Christiansen**  
**Christian Davey**  
**Alexandra Erlich**  
**Jimmy Mihaley**  
**Alexis Monroy**  
**Hannah Rosen**  
**Kelsey Sklar**  
**Alison Socolow**  
**David Miller**



**HONOR ROLL**

In order to be on the fall or spring honor roll a student must have a 90% semester average, have no grades lower than 80%, have no incompletes, and carry a minimum of 5 classes plus P.E.

**GRADE 9**

**Dakota Adamec**  
**Harry Albert**  
**Chloe Amdur**  
**Erika Baron**  
**Julia Barone**  
**Laura Bart**  
**David Battan**  
**Amber Bauer**  
**Michael Begley**  
**Samuel Blum**  
**Emily Bowler**  
**Gunnar Brown**  
**Claire Cahill**  
**Bjorn Carlson**  
**Tara Carroll**  
**Ashley Cavanagh**  
**Elias Chaiken**  
**Olivia Chandler**  
**Grace Chen**  
**Marielle Christie**  
**Avery Clark**  
**Katherine Clyde**  
**Gregory Cogut**  
**Lauren Connolly**  
**Max Copeland**  
**Ashley Corbin**  
**Thalia Cronin**  
**Griffin Cummings**  
**Brandon DeRaffele**  
**Amanda Decaminada**  
**Charles Doany**  
**Kimberlee Dolhon**  
**Matthew Dressler**  
**Cairo Dye**  
**Sarah Ellis**  
**Nicole Erlach**  
**Marshall Eucher**  
**Emily Fagan**  
**Ari Fay**  
**Emily Ferman**  
**Haley Feuchs**

**Jedediah Fink**  
**Leandra Fischman**  
**Amanda Flayhan**  
**Abigail Gabor**  
**Tessa Gallagher**  
**Victoria Giordano**  
**Brooke Glassman**  
**Chloe Glenn**  
**Grant Goldman**  
**Zoe Gordin**  
**David Gordon**  
**Emma Gorman**  
**Shane Gorman**  
**William Greene**  
**Anna Gusman**  
**Liam Hackett**  
**Liam Hafter**  
**Benjamin Heath**  
**Maggie Helmes**  
**Carter Henry**  
**Samantha Horton**  
**Emma Jansen**  
**Daniel Jenkins**  
**Laryssa Kalbfus**  
**Alison Kamerman**  
**Elana Kaplan**  
**Sean Kaplan**  
**Alexander Katchadurian**  
**Talia Kaufman**  
**Ryan Kelleher**  
**Brian Kershner**  
**Maxwell King**  
**John Kingston**  
**Adam Kirker**  
**Miles Kirsch**  
**Stefanie Kushner**  
**Robert Labriola**  
**Lauren Lamothe**  
**Lauren Latham**  
**Ryan Lee**

**Alexis Leiderman**  
**Amber Lewis**  
**Alexandra Lin**  
**Aria Linz**  
**Mica Linz**  
**Matthew LoBosco**  
**Andrew Mamo**  
**Isabella Marinucci**  
**As McCormick**  
**Charlotte McCune**  
**Rose McMichael**  
**Mark McMullen**  
**Lauren Meltz**  
**Addison Migden**  
**Ryan Monasch**  
**Peter Monteleone**  
**Alexandra Moreo**  
**Cameron Moss**  
**Hannah Murphy**  
**Rebecca Nathan**  
**Eilish Newcomb**  
**Harrison Nir**  
**Emma Nolan**  
**Johanna O'Reilly**  
**Alan Oltman**  
**Isabelle Page**  
**Marissa Papaccio**  
**William Pappas**  
**Joey Pelazza**  
**Michaela Petigrow**  
**Erica Pickup**  
**John Pisera**  
**Ethan Pollak**  
**Tyler Posadas**  
**Owen Raman**  
**Mackenzie Reilly**  
**Jacqueline Ricca**  
**Ryan Ricci**  
**Cal Ritterhoff**  
**Kathryn Russell**  
**Lillian Sandlund**

## HONOR ROLL

### GRADE 9

**Sydney Schaus**  
**Matthew Schenfeld**  
**Hannah Seidlitz**  
**Hannah Shaw**  
**Noah Sims**  
**Daniel Skluth**  
**Jackson Small**  
**Benjamin Smith**  
**Julia Smith**  
**Julie Rose Smith**  
**Peter Sourbis**  
**Emma Spellacy**

**Zachary Spink**  
**Derek Stanley**  
**Alexandra Starsia**  
**Jeffrey Steckler**  
**Nicholas Stelluti**  
**Jordan Stepaniuk**  
**Joshua Strongin**  
**Theresa Swertfager**  
**Briana Tang**  
**Ryan Tassone**  
**Sarah Teich**  
**Hayden Ticehurst**

**Tess Tobin**  
**Christina Treyz**  
**Henry Waill**  
**Sarah Wallace**  
**Victoria Walsh**  
**Katherine Wedin**  
**Jack Weiller**  
**Lindsey Weiss**  
**Daniel Weitsman**  
**Kate Wickersham**  
**Donald Wicks**  
**Katherine Ziegler**  
**Sarah Zuk**

### GRADE 10

**Betty Algret**  
**Carly Alterman**  
**Defne Arslan**  
**Reid Balkind**  
**Tyler Beckett**  
**Jenna Beobide**  
**David Bernier**  
**Keely Bochicchio-Sipos**  
**Hanna Bocklet**  
**Alexander Bolgar**  
**Elizabeth Brozski**  
**Amy Burgunder**  
**Stephanie Cajigas**  
**Jacqueline Cardi**  
**Morgan Cohen**  
**Reyna Cohen**  
**Erin David**  
**Kai Davino-Collins**  
**Jack DeAlto**  
**Tyler Devins**  
**Sarah Dieck**  
**Justin Dellane**  
**Nola Donkin**  
**Helen Eifert**  
**John Erlanger**  
**Sara Esposito**

**Seth Feder**  
**Judith Figueroa**  
**Alexia Filice**  
**Jeremy Fischer**  
**Tyler Fost**  
**William Freudenheim**  
**Rebecca Friedman**  
**Liam Galligan**  
**Alexander Garcia**  
**Michael Geremino**  
**Hope Gernert**  
**Karen Giraldo**  
**Kristin Goett**  
**Danielle Goldman**  
**Jacob Goldstein**  
**Isabella Gordon**  
**Alyssa Haber**  
**Michael Hagen**  
**Sarah Herdrich**  
**Charlotte Holden**  
**Monica Horowitz**  
**Emma Housman**  
**Dasha Ivenitsky**  
**Jordan Johnson**  
**Brianne Keane**  
**Nicholas Kells**

**Petrit Kendezi**  
**Carly Kilgore**  
**Courtney Knox**  
**Theodore Kuhn**  
**Clinton Kunhardt**  
**Justin Landzberg**  
**Matthew Lanza**  
**Melanie Laub**  
**Madeleine Leddy**  
**Zacchary Lee**  
**Philip Levens**  
**Marisa Lew**  
**Katherine Lipinski**  
**Philip Lipinski**  
**Samantha Lutt**  
**Sean MacLean**  
**Joseph Mangione**  
**Anthony Manno**  
**Athena Manzino**  
**Rachel Marderstein**  
**Nicole Meyer**  
**Rachel Mizrahi**  
**Bailey Monaco**  
**Nicole Morales**  
**Jeremy Morowitz**

## HONOR ROLL

## GRADE 10

**Lucy Moss**  
**Molly Newcomb**  
**Harry Nikel**  
**Pauline November**  
**Russell Ohnemus**  
**Sophie Phillips**  
**Emily Pickup**  
**Juliet Regan**  
**Susannah Rogers**  
**Daniel Rosen**  
**Julia Ross**  
**Alexandra Rutherford**

**Erin Sanders**  
**Sara Schultz**  
**Daniel Scovotti**  
**Hannah Sfredo**  
**Adriana Shuster**  
**Shawn Smith**  
**Katelyn Sobel**  
**Cara Stafford**  
**Carolyn Stark**  
**Madeline Strohmayer**  
**Benjamin Sweeney**  
**Brett Sweeney**

**John Tobin**  
**Cailey Treyz**  
**Emma VanLent**  
**Jack Weinfeld**  
**Luke Weinhaus**  
**Phoebe Welch**  
**Brendon Welsh**  
**Kieran white**  
**Owen Whitsett**  
**Rachel Yasgur**  
**Caleigh Zipkin**  
**Jenna Zitomer**

## GRADE 11

**Allison Altman**  
**Angelo Angelino**  
**Gigi Antonelle**  
**Andre Antunes**  
**Diogo Antunes**  
**Alex Armentano**  
**Peter Assue**  
**Kelsey Babcock**  
**Jessica Barrueco**  
**Joshua Bauer**  
**Jason Beckmann**  
**Charlotte Bennett**  
**Gregory Beobide**  
**Matthew Bernstein**  
**Alexander Berton**  
**Thomas Blaney**  
**Andrew Blum**  
**Charles Bocklet**  
**Frazier Bostwick**  
**Sophia Bryant**  
**Emma Callen**  
**Kathleen Carroll**  
**Janice Choi**  
**Peter Christensen**  
**Lauren Ciubotaru**  
**Brianna Cocuzzo**  
**Kaitlyn Cocuzzo**

**Edward Cody**  
**Elise Cole**  
**Leah Colleluori**  
**Elizabeth Cooper**  
**Sofia Corelli**  
**Hannah Corrie**  
**Sophia Cowley**  
**Brigitte Croke**  
**Christian Davey**  
**Jacob David**  
**Carly Dieck**  
**Andrew Duffy**  
**Philip Eng**  
**Alexandra Erlach**  
**Ilaria Fabbri**  
**Jake Fein**  
**Joseph Fong**  
**Daniel Fulop**  
**Sydney Glenn**  
**Ryan Goldrick**  
**Alec Goncalves**  
**Jake Goodman**  
**Samuel Gordon**  
**Rachel Greenspan**  
**John Grimm**  
**Cameron Halby**  
**Margaret Hall**  
**Matthew Herman**

**Amanda Herzog**  
**Kenneth Hoffman**  
**Emma Hollamby**  
**Zoe Horton**  
**Margot Hughes**  
**Benjamin Jadow**  
**Dana Jaffe**  
**William Jahn**  
**Thomas Jansen**  
**Nicholas Katchadurian**  
**Tyler Keech**  
**Hanaa Khan**  
**Nicholas Kiger**  
**William King**  
**Amanda Ko**  
**Jack Lambert**  
**Miranda Lampke**  
**Alexander Lee**  
**Brandon lee**  
**Elijah Lee**  
**Yvonne Lerner**  
**Alice Levy**  
**Thomas Lewis**  
**Molly Lobell**  
**John Lofreddo**  
**Mary Lopez**  
**Andrew Marderstein**

## HONOR ROLL

## GRADE 11

Alexandra Mardirossian  
 Gregory Markert  
 Jacob Marks  
 Elena Martino  
 Jonathan Martin-Rollins  
 Kayla McCarthy  
 Madeline McCarthy  
 Daniel McLaughlin  
 Dylan McMichael  
 Joseph Meltz  
 Yanni Metaxas  
 Samuel Mines  
 Lauren Miro  
 Brandon Morales  
 Shelby Mosello  
 Sarah Nolan  
 Hayley Nusbaum  
 Sophia Ortiz  
 Scott Owen  
 Katie Parker  
 Kevin Pawlak

Natalie Reddy  
 Emily Reich  
 Jamieson Ring  
 Jager Robinson  
 Rachel Rogers  
 Hannah Rosen  
 Alec Rubin  
 Hope Ruotolo  
 Alexandra Ruvituso  
 Jackson Ruzzo  
 Carly Scarlato  
 Jonathan Schachne  
 Spencer Schell  
 Sarah Secret  
 Elizabeth Seidell  
 James Shallo  
 Zachary Shearer  
 Elizabeth Sheeran  
 Jessica Sheptin  
 Isaac Sims  
 Kelsey Sklar

Noah Sklarin  
 Michael Skluth  
 Ryan Slater  
 Jake Socolow  
 Samuel Socolow  
 Timothy Song  
 Delaney Spencer  
 Alexandru Stan  
 Erika Tegtmeier  
 Kyla Tillem  
 Jennifer Troiano  
 Mia Tucker  
 Victoria VanDenmark  
 Ryan VanSlyck  
 Nicholas Vulpescu  
 Nola Waill  
 Dakota Walker  
 Renee Wallace  
 Oliver Williams  
 Liam Wisehart  
 Laura Woodward  
 Julia Zuckerberg

## GRADE 12

Justin Andrews  
 Ryan Andrews  
 Julia Baker  
 Hunter Balkind  
 Brittany Banks  
 Ben Barone  
 Daniel Bastardi  
 Christopher Beckett  
 Gabriela Belardi  
 Paige Bennett  
 Joshua Bernheimer  
 Robert Blake  
 Anton Boutkov  
 Hannah Casill  
 Evan Christopher  
 Athena Cipully  
 Kendall Coniaris

Julia Conrad  
 Robert Cozza  
 Jillian Crocker  
 Elliya Cutler  
 Claudia d'Ottillie  
 Sarah Dash  
 Kelsey Davey  
 Dream Dawn  
 Alexander Day  
 Joseph Decaminada  
 Calla Deitrick  
 Max Delin  
 Avery Deutsch  
 Marisa Drpich  
 Jared Egeler  
 Jane Eifert  
 Danielle Epstein  
 Anne Falcon

Marissa Faretta  
 Maya Felder  
 Zachary Feldman  
 Nicolette Fiacco  
 Carolee Finney  
 Amanda Flink  
 Logan Friedman  
 Cassady Gaier  
 Joanna Giordano  
 Thomas Glading  
 Brian Gleason  
 Hanna Gold  
 Bradley Goldman  
 Amanda Golis  
 Max Goodstein  
 Kiley Gorman  
 Melissa Grossbarth  
 Victoria Gullen

## HONOR ROLL

## GRADE 12

**Jennifer Hamren**  
**Isabelle Hastings**  
**Zachary Herzog**  
**Michael Jones**  
**Michael Juchem**  
**Sara Jurman**  
**Matthew Kaufman**  
**Eileen Kelly**  
**Isabella Kirsch**  
**Raegan Knox**  
**Elyssa Kohlhagen**  
**Timothy Konetchy**  
**Dayle LaPolla**  
**Zachary Lawrence**  
**Paige Lester**  
**Brandon Lew**  
**Jonathan Li**  
**Christina Lordi**  
**Nicole Loscri**  
**Jacob Lutt**  
**Sydney Mann**  
**Sava Marinkovic**  
**John Mason**  
**Ali Matschke**  
**Christopher Reid**  
**Connor McCune**  
**Dayna Mercer**  
**Christiana Metaxas**  
**Katharine Metz**  
**Abigail Meyers-Orr**  
**Benjamin Miller**  
**Alexandra Mitchell**  
**Morgan Moschetta**  
**Ronald Mraz**  
**Lindsey Mulcahy**  
**John Murphy**  
**Lauren Murray**

**Maeve O'Neill**  
**Tara O'Neill**  
**Kyle Ogren**  
**Scott Oneto**  
**Michael Pardo**  
**Fillip Pejanovic**  
**Charles Perrone**  
**Samara Petigrow**  
**Joyce Pogge**  
**Noel Popoli**  
**Brian Porco**  
**Lucia Racine**  
**Jessica Riocci**  
**Stephanie Riocci**  
**Vincent Riocci**  
**Krista Ritterhoff**  
**Michael Rosenthal**  
**Ashleigh Rutherford**  
**Gabrielle Ruvituso**  
**Jeremy Sabath**  
**Katherine Sackman**  
**Darcy Samuelsohn**  
**Ryan Sanders**  
**Mary Sarlitto**  
**Noah Spencer**  
**Danielle Schoen**  
**Jennifer Schwartzman**  
**Shannon Selvaggi-Moore**  
**Jacqueline Serra**  
**Mina Shah**  
**Emily Shallo**  
**Alec Shearer**  
**Daniela Shorser**  
**Irina Silver Frankel**  
**Alexandra Simels**  
**Peter Simonides**

**Andrew Slater**  
**Lisette Smith**  
**Ashley Sobel**  
**Brennan Spellacy**  
**Nicholas Stafford**  
**Michelle Steckler**  
**Rachel Sweeney**  
**Lily Tanico**  
**Katherine Taylor**  
**Jordan Teich**  
**Nicholas Tisherman**  
**Matthew Waldman**  
**Alexandra Weiller**  
**Daniel Weinfeld**  
**Sarah White**  
**Samuel Windfield**  
**Kyle Winthers**  
**Dylan Wolter**  
**Michael Yablon**  
**Jenna Yasgur**  
**Sarah Zobel**



## JOHN JAY HIGH SCHOOL ATHLETICS SPRING 2011

February 6 <sup>th</sup> - 17 <sup>th</sup>	Sign up sheets posted at the Athletic Office and available during PE class
February 13 <sup>th</sup>	Sports forms available at Athletic Office and on-line. Forms can also be downloaded from our web page ( <a href="http://www.klschooldistrict.com">www.klschooldistrict.com</a> click on "Athletics") <b>Sport forms need to be completed EACH SEASON.</b>
March 1 <sup>st</sup> & 2 <sup>nd</sup>	Doctor at HS. Call HS Nurses' Office to arrange for appointment – if you need one. <i>If you have a current physical on file, you do not need to be seen by the school doctor.</i>
March 1 <sup>st</sup>	Paperwork due to the HS Nurses' Office
March 14 <sup>th</sup>	Spring sports begin.

### Spring Sports Offered

Softball – Varsity, JV  
Baseball – Varsity, JVA; JVB  
Golf – Varsity, JV  
Women's Lacrosse – Varsity, JV

Men's Lacrosse – Varsity, JVA, JVB  
Men's Tennis – Varsity, JV  
Men's Track & Field - Varsity  
Women's Track & Field – Varsity

### Sports Application Guidelines

- ◆ Student's hoping to participate in spring sports must have a current physical on file. Physical forms are available in the nurse's office & on our web-site.
- ◆ Students who carry inhalers, epipens or have any other special medical concerns must have updated medication forms completed by their physician on file in the health office.
- ◆ Sports form must be submitted to the Nurses' Office by **March 2<sup>nd</sup>**. The sports forms include Permission for Sports Participation and Medical Treatment, Transportation Release, Health Review and the High School Co-Curricular/Extra Curricular Code of Conduct. **Forms dated before February 12<sup>th</sup> cannot be accepted (30 days before the start of season).**
- ◆ Students must be transported to and from all athletic contests by school authorized vehicles. Parents may transport their child home from an away contest if signed transportation release form is on file (included on sports form). Parents may not transport any children other than their own.

Visit our inter-active athletic calendar on our web site. This calendar provides the latest information on practices and games. **Track your team(s), access directions to fields, set game reminders and receive real-time e-mails of changes.** A tutorial is also available.

**The Spring Sports Season starts Monday, March 12<sup>th</sup>.**

**It is the student's responsibility to make certain he/she is cleared by the Nurses' Office before tryouts begin.**

# REACHOUT JOHN JAY

## February 2012

Parent Advisors: Sandy DeRaffele, Deena Doany & Pam Veith

ROJJ has had a busy year with many one time events over the past few months and weekly tutoring programs at all the elementary schools and JJMS. October 15<sup>th</sup> we held a Midnight Run and a second run is planned for April 2012.

ROJJ organized a holiday gift drive to benefit Blythedale Children's Hospital in December. Freshman students **Charlie Doany, Brandon DeRaffele, Christina Treyz and Katie Wedin** helped coordinate the gift. Thanks to all of the JJHS student, parents and staff who participated. Together we were able to provide the patients at Blythedale with many holiday gifts. They were very grateful. ROJJ looks forward to another gift drive to benefit the pediatric cardiology patients at Maria Ferrari Children's Hospital this spring.

ROJJ ongoing opportunities are listed below:

### The Emergency Shelter Partnership.

An organization in the greater Bedford/Mt Kisco area that provides emergency shelter during the winter months for homeless individuals, is looking for some help in setting up a simple website and also perhaps web updates once it is set up.

### KVIS Junior Chapter

Katonah Village Improvement Society is beginning a "Junior" Chapter for middle and high-school age children interested in community service and improving and preserving the unique character and appeal of Katonah Village.

### Neighbors Link

High School childhood volunteers needed. Childcare needed while parents attend programs at Neighbors Link. Teacher will be present to work with High School volunteers.

### Westchester Land Trust Opportunities

Throughout the year the Land Trust has a number of ongoing projects like the Quest event, photo exhibit, trail clearing and helping at the office in Bedford Hills where we like to have student volunteers involved. The projects are interesting and fun. The work environment both inside and outside the office is outstanding. The volunteers would be working with Land Trust staff and community volunteers who are dedicated, talented, and interesting people to work with.

### Armstrong House

A historical structure located near the Ward Pound Ridge Reservation. It was built in 1912 and was donated in 2002 to The Pound Ridge Land Conservancy, which intends to rebuild the house as a home for a land steward who will watch over the preserves in the area. The intention is to preserve this home as a "green" house.

Volunteer work sessions continue each Saturday morning from 10am-12pm.

### TUTORING PROGRAMS

JJMS and all Elementary Schools continue to hold weekly tutoring sessions. Over 50 JJHS students give of their time to work individually with referred students. Opportunities to become involved with this program are available throughout the academic year.

### SWAP (Student World Awareness Project)

This year SWAP is focusing on WATER and ways to assure that underprivileged areas have access to clean water. They are working in conjunction with other JJHS clubs to raise money for this cause. Stay tuned for information about fundraising events.



## KLSD

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Katonah-Lewisboro School District  
P.O. Box 387  
Katonah, NY 10536-0387

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# SUBSTANCE ABUSE PREVENTION

## School-Wide Events: FEBRUARY

### **February 12-18 is Children of Alcoholics (COA) Awareness Week.**

One out of four children under the age of 18 is living with a parent who abuses alcohol. Alcoholism affects all members of a family, although the impact is not always visible to others. Families may be experiencing chaos, disappointment and/or fear but are ashamed to talk with others.

Children of Alcoholics (COA's) are at greater risk for developing emotional or psychological problems, physical health problems and learning or academic problems. In addition, COAs are four times more likely than non-COAs to develop alcoholism and other drug problems.

COAs can benefit from educational programs and self-help groups, whether or not their parent is receiving help.

### **February is also Eating Disorders Awareness Month.**

An important component of preventing eating disorders is to have continuous conversations with your child about healthy eating choices, exercise, body image and self-esteem.

It is vital for parents to role model *healthy* attitudes towards food and one's body. If you feel your child is demonstrating concerning attitudes and or behaviors, please consult a professional who specializes in this field.

### **RESOURCES:**

National Association of Children of Alcoholics: 1-888-554-COAS  
Alcoholics Anonymous Information:  
[www.nyintergroup.org](http://www.nyintergroup.org)  
Alateen and Alanon: 1-888-425-2666  
[www.nacoa.org](http://www.nacoa.org)  
[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)  
[www.freevibe.com](http://www.freevibe.com)

Please contact your school's Substance Abuse Prevention Coordinator for more information or referrals:

Kiri Ryan: (JJHS) 763-7203

Jessica Fulton: (JJMS) 763-7509

